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PREPARING FOR YOUR ERCP

DATE OF

PROCEDURE: _____

ARRIVAL TIME: _____

PROCEDURE TIME: _____

PLACE: _____ Desert GI Lab Suite E135, 1180 N. Indian Canyon Drive, Palm Springs, CA
(760)323-6212

The study which you are to have is an evaluation of your esophagus, stomach, and duodenum. Through a fiberoptic instrument and complex imaging system, I will be able to evaluate the anatomy and any disease process which may be present in these organs.

Your throat will be anesthetized, and you will be given some form of sedation.

The following instructions are to guide you so that the procedure will go smoothly and the post-procedure period will be as little problem as possible for you:

1. You are to have nothing to eat or drink 8 hours prior to the procedure.
2. You must have arrangements made for someone to drive you home.
3. You may take Cepacol Lozenges after the procedure is completed to dissolve in your mouth until whatever pain you might have in your throat clears up. This seldom lasts for more than one or two days after the procedure.
4. After the procedure is completed, you are not to eat anything hot until later in the evening. I would suggest you eat things like cottage cheese, cold chicken, turkey, juices, puddings, etc. until that time.
5. The results of any biopsies will be available within one week of the procedure and will be discussed with you at your follow-up appointment. You should have received a follow-up appointment when your procedure was scheduled. If you do not have a follow-up appointment scheduled, please contact our office for scheduling.

Should you have any questions or concerns, please contact our office at (760)864-4163.